



Therapy/Consultation Provided at Our Centers of Excellence* Call 401-615-8775 for Appointment/Consult

- Prevent & Heal Youth Sports Concussions (Middle/High-School & College Age Athletes)
 - Prevent & Heal Elite/Professional Athlete Concussions
 - Provide Treatment for Persistent Post-Concussion Syndrome
 - Prevent & Heal Concussion Related Mild Cognitive Impairment (Memory Problems/Early Dementias)
 - Cognitive-Behavioral Coaching for Enhancing Athletic, Academic, Work and Life Performance
 - Cognitive Behavioral Therapy for Concussion Related Depression and Substance Addiction
- *In-Person or Phone/Video Coaching Therapy or Consultations

How we do it

- With our brain health improvement system: **Brain Performance Enhancement™ (BPE)**
- **BPE is a three part Brain Wellness System based on Nobel Prize research that uses no medications**
- **BPE combines 12 Brain Wellness Best-Practices + Activation Science + Cognitive Behavioral Therapies**

Why it works

- BPE reduces brain cell inflammation and buildup of metabolic toxins - while improving immunity
- BPE improves the functioning, preservation and growth of brain cells – all ages and post-head trauma

Our Six Collaborators/Partners

- The Harvard Business School aligned Christensen Institute (voted world’s top innovator 2011 & 2013)
- MD originating “Heads Up – Don’t Duck” Program – Now Brain In Play’s Medical Director
- The “Look Up Line” Founder: Warning Track for Hockey to prevent sports paralysis and concussions
- MD that Brown University’s Endowed Chair of Emergency Medicine is named in honor of
- MD who started up the company that today is known as United Health Plan of New England
- MD neurologist who chairs 3 American Academy of Neurology national committees

Our Book & Non-Profit Foundation



Our Founders help save brains and improve lives, especially for youth/adult athletes suffering concussive trauma and those with mild cognitive impairment (memory/thinking problems) from multiple concussive injuries. **Our first book addresses youth sports concussive brain damage which BPE prevents and heals while improving athletic and academic performance. Its fast-track solution helps athletes of any age!**

Partner with us to influence players and parents for life by spreading the word about our book

BPE will help save youth sports by making athletes and their brains safer for the sports they play!